

Rebound[®] Diabetic Walker

User Guide



Installation Instructions

Please follow the fitting instructions below. Please do contact your clinician if you have any further queries:

1. Put the sock on. Make sure it is completely smooth. Loosen the straps, remove the shell at the front and open the lining. The insole must be placed in the lining with the hex plugs facing downwards and the light grey layer facing upwards.
2. Place your foot in the walker whilst you are sitting down. Make sure the heel is comfortably positioned at the back. Wrap the lining firmly around the foot and leg and secure it with the Velcro fastening.
3. Place the shell back at the front of the liner. Then fasten the ankle strap (A) first, followed by the foot strap (B) and finally the calf strap (C).
4. Use the openings at the back of the walker to check that the ankle is centred and that the heel is not pressed against the back of the walker.
5. Inflate the air chambers by pressing the '+' button on the air pump. The walker must be securely fastened. The air system has a safety feature preventing over-inflation.
6. Your clinician may fit the walker with a strap designed to encourage adherence to treatment. Do not remove the device unless instructed to do so by a healthcare professional. This strap must be secured using the strap guide in the front shell. The strap may only be removed in an emergency or on the advice of your clinician.



Rebound® Diabetic Walker

Installation Instructions

1. Press the small '-' button on the front of the walker to deflate the air chamber before unfastening the straps.
2. If the walker has a compliance strap around it this must be cut through in order to remove the walker. However, only do this in an emergency or on the advice of your healthcare professional. Undo the three straps (in any order).
3. Remove the cover at the front and open the liner.
4. While seated, slide your leg out of both the liner and the walker at the same time.

TIP: If you find it difficult to pull your leg out of the walker after following steps 1, 2 and 3, you can try deflating the air chamber further. The air chamber is located in the base of the walker. The best way to deflate it is to stroke downwards with your hand whilst pressing the '-' button.

Important: Always check for pressure sores or wounds on your foot and leg.

Please contact a healthcare professional immediately if you are experiencing discomfort or pain, or if you have any other concerns about your foot.

Care / Cleaning

Follow these instructions to easily clean your Rebound Diabetic Walker:

Insole

- Remove the insole from the liner.
- Rinse the insole with lukewarm or cold water. Do not use solvents or alcohol to clean the insole.
- Leave the insole to air dry; do not put it in the tumble dryer. To help the insole dry faster, a hairdryer set to the lowest temperature can be used.
- Once the insole is completely dry, it can be replaced in the lining.

Frame Walker

- Use a damp cloth, a mild detergent and lukewarm water to clean the frame of the walker.
- Air dry or dry with a towel.

Lining

- Wash the lining in the washing machine at 30 °C using a mild detergent. Hand wash the lining with lukewarm water and a mild detergent. Do not use bleach.
- Tumble dry on a low temperature.



Watch the User Fitting Tutorial

To support you visually, we've created a step-by-step tutorial. You can watch the video on the Össur Academy YouTube channel and follow along with the instructions outlined above. Simply scan the QR code to access and preview the fitting tutorial.



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